



Kutlu Kağan Türkarşlan, Ph.D.

Atılım University
Department of Psychology
06830 İncek, Gölbaşı, Ankara/TURKEY
kutlu.turkarşlan@atilim.edu.tr

PERSONAL

Date of Birth	1990
Place of Birth	Ankara

EDUCATION

2017 - 2022	Middle East Technical University, Clinical Psychology, Ph.D.
2015 - 2017	Middle East Technical University, Clinical Psychology, M.S.
2010 - 2014	Izmir University of Economics, Psychology, B.Sc.

ACADEMIC POSITIONS

November 2022 -	Faculty Member, Department of Psychology, Atılım University, Turkey
November 2015 - November 2022	Research Assistant, Department of Psychology, Middle East Technical University, Turkey

HONORS&AWARDS

1	National Scholarship for M.Sc. Students, The Scientific and Technological Research Council of Turkey (2015-2017)
2	18 th National Psychology Students Congress Project Competition – Evolutionary Psychology Winner (2013)

RESEARCH INTERESTS

1	Insomnia and Sleep-related Behaviors
2	Psychoanalysis and Self-Psychology
3	Evolutionary Psychology

PUBLICATIONS

1	Türkarşlan, K. K. (2022). Tekrarlama Krizi ve Psikoterapi Etkililik Çalışmaları. Psikoloji Çalışmaları, 42(1), 1-41. doi: http://dx.doi.org/10.26650/SP2021-959170
2	Türkarşlan, K. K., Güneş Çakmak, S., Angın E., Cesur, M. (2022). Aleviler, Ayrımcılık ve Psikoterapi. Psikoterapide Kültürel Konular içinde. Nobel Yayınları.
3	Okay, D., Türkarşlan, K. K., Çevrim, M., & Bozo, Ö. (2022). Sleep Go Away, I Don't Have Much Time Left to Live: Is Bedtime Procrastination Related to Perceived Time Left in Life?. Journal of Turkish Sleep Medicine, 9(1), 57-63. https://doi: 10.4274/jtism.galenos.2021.24119

4	Türkarşlan, K. K. (2021). Children's affectionate and assertive attitudes towards their parents: the Oedipus complex or parent-offspring conflict? Integrative Psychological and Behavioral Science. (Early Access), doi: https://doi.org/10.1007/s12124-021-09624-w
5	Yıldırım, J. C., Kozak, E. D., & Türkarşlan, K. K. (2021). Utandıran Diğeri Ölçeđi-2'nin Türkçe Formunun Psikometrik Özellikleri. Klinik Psikoloji Dergisi, 5(1), 13-26.
6	Türkarşlan, K. K. & Canel-Çınarbaş, D. (2021). Akademik Erteleme Sorunlarının Psikanalitik Kendilik Psikolojisi Açısından İncelenmesi: Bir Vaka Çalışması. Klinik Psikoloji Dergisi, 5(1), 52-65.
7	Türkarşlan, K. K. (2020). Gilgamesh: The First Tragic Man. The Scandinavian Psychoanalytic Review, 43(1), 2-12.
8	Türkarşlan, K. K., & Canel-Çınarbaş, D. (2020). Can Conscious Guilt Feelings Incite Nocebo Pain?. Ağrı, 32(3), 128-139.
9	Türkarşlan, K. K., Okay, D., Çevrim, M., & Bozo, Ö. (2020). Life is short, stay awake: Death anxiety and bedtime procrastination. The Journal of General Psychology, 147(1), 43-61.

CONFERENCE PRESENTATIONS

1	Kozak, E.D. ve Türkarşlan, K.K. (2022). Nazar etme ne olur, çalış senin de olur: nazar inancının bireyci-toplulukçuluk, dindar ve spiritüel oluş ile haset deđişkenleriyle ele alınışı (Oral Presentation). 21. National Psychology Congress, 13-16 October, İstanbul, Turkey.
2	Türkarşlan, K.K. (2022). Psikoterapiler gerçekten etkili tedavi yöntemleri mi? Evet ama... (Oral Presentation). 21. National Psychology Congress, 13-16 October, İstanbul, Turkey.
3	Okay, D., Türkarşlan, K. K., Çevrim M., & Bozo, Ö. (2019) Does Future Time Perspective Affect Bedtime Procrastination? The Mediator Role of Meaning in Life (Oral Presentation). 16. European Psychology Congress, 2-5 July, Moscow, Russia.
4	Türkarşlan, K. K., & Canel-Çınarbaş, D. (2018). Can Nocebo Pain Incite Expiation from Guilt Feelings? (Poster Presentation). 20. National Psychology Congress, 15-17 November, Ankara, Turkey.
5	Türkarşlan, K. K., Okay, D., Çevrim M., & Bozo, Ö. (2018). Hayat Kısa: Uyanık Kal! (Oral Presentation). 20. National Psychology Congress, 15-17 November, Ankara, Turkey.

CITATIONS

Sum of times cited without self-citations (ISI Web of Science):	2
H-index (ISI Web of Science):	1

COURSES GIVEN

1	Introduction to Psychopathology
2	Psychology of Personality